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JOSEPH C. CHENG, M.D.

BORN

July 10, 1962, Kaoshiung, Taiwan

CITIZENSHIP

U.S.A.

MARITAL STATUS

Married - Sara Reinganum, M.D.
Two Children - Carolyn and Zoe

EDUCATION

1981	Acalanes High School, Lafayette, California
1985	Northwestern University, College of Arts and Sciences, Chicago, Illinois B.A., Biology

MEDICAL EDUCATION:

1989	Northwestern University, Medical School, Evanston, Illinois M.D. Degree
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INTERNSHIP

1991-1992	General Surgery University of California, San Francisco, California
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RESIDENCY

1992-1996	Orthopaedic Surgery University of California, San Francisco, California
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FELLOWSHIP

1996-1997	Sports Medicine & Operative Arthroscopy Stephen Snyder, M.D., Southern California Orthopaedic Institute Van Nuys, California
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TEAM PHYSICIAN

1997	Skyline College, San Bruno, California
2014-2017	Oakland Strokes Rowing Club, Oakland California

RESEARCH

1989–1991	Research Assistant <u>Hand and Microsurgery Laboratory</u> University of California San Francisco, California
1988	<u>Cancer Center: Northwestern University</u> 1) DHT receptor status in cultured prostatic epithelial and stromal cells 2) Mechanism of Tumor Necrosis Factor on prostatic cancer cell lines in vitro.
1986	<u>Neurobiology/ Physiology: Northwestern University</u> Rat olfactory bulb extract promoting survival and differentiation of cultured forebrain neurons.
1983-1984	<u>Molecular Biology: Northwestern University</u> Regulation of LDH gene expression by cAMP-dependent protein kinase.

CLINICAL APPOINTMENTS:

1998	Clinical Instructor, School of Medicine University of California San Francisco
1997	Instructor, Shoulder Arthroscopy, Arthroscopy Learning Center American Academy of Orthopaedic Surgery, Chicago, IL
1997	Instructor, San Diego Shoulder Arthroscopy Course, San Diego, CA
2005-2007	Faculty and Shoulder Arthroscopy Instructor, Mitek Shoulder Course Henderson, Nevada
2005	Program Chair “Inman-Abbott” Orthopedic Society UCSF Orthopedic Surgery
2006	Arthroscopy Association of North America, Shoulder Arthroscopy Faculty Pam Desert, CA
2006	Treasurer and Vice Chief of Staff, San Leandro Hospital
2007	Vice President “Inman-Abbott” Orthopedic Society UCSF
2009	President “Inman-Abbott” Orthopedic Society UCSF
2009	Shoulder Lab Faculty, Orthopedic Surgery Controversy, Napa CA
2011	Shoulder Lab Faculty, Orthopedic Surgery Controversy, Napa, CA
2017-2019	Chair Department of Surgery , San Leandro Hospital, San Leandro, CA

LICENSES:

M.D.	California G764050
DEA	BC 3640136

BOARD CERTIFICATION

1999	Diplomat of American Board of Orthopaedic Surgery Fellow, American Academy of Orthopaedic Surgeons
2029	Recertified Diplomat American Board of Orthopedic Surgery

2010	CAQ, Certificate of Added Qualification Orthopedic Sports Medicine
2029	Recertified CAQ, Orthopedic Sports Medicine

HOSPITAL APPOINTMENTS/ AFFILIATIONS

1998 - Present	Eden Medical Center, San Leandro and Castro Valley, California
1998 – Present	Summit Medical Center, Oakland, California
2007-Present	Alameda Hospital, Alameda, California

HONORS

1984 - 1985	Dean's List, Northwestern University
1986	NIH Medical Student, Research Grant
1991	Nominee, Plastic Surgery Education Foundation, Scholarship
1993	High Scorer, Orthopaedic In-training Exam 95%
1994	High Scorer, Orthopaedic In-training Exam 100%
2004	Nominee, “Physician of the Year” San Leandro Hospital
2007	“Best Doctor” Orthopedic Surgery Bay Area Consumer Research
2009	Patient Safety Award, Eden Medical Center
2012	“Super Doctor” Sports Medicine, San Francisco Chronicle
2013	“Super Doctor” Sports Medicine, San Francisco Chronicle
2019-2021	Castle Connolly Top Doctors
2021	San Francisco Magazine Top Doctors

VOLUNTEER WORK

1991	Haight-Ashbury Free Clinic: Volunteer Physician, San Francisco
1986 – 1987	Northwestern U. Youth Program: Counselor Cabrini Green Housing Project - Program for Disadvantaged Youth
2010	Operation Arthroscopy- Teaching arthroscopic techniques to third world orthopedic surgeons

ACTIVITIES AND INTERESTS

	Tennis, Cycling, Music & Architecture
1992 - 1996	Parnassus Heights Squash Club
1984 - 1985	Studied violin under Mr. Milton Blair, principal violinist, Chicago Symphony Orchestra, Northwestern University School of Music
1984 - 1985	Northwestern University Symphony Orchestra
1981 - 1982	Northwestern University Chamber Orchestra

PRACTICE HISTORY

9/97 - 9/98 - Orthopaedic Group of San Francisco, Inc. San Francisco, CA
 9/98 - 9/03 - Webster Orthopaedic Medical Group, San Leandro, CA
 9/03 - Current - Solo practice 15035 E. 14th Street, San Leandro, CA

FOREIGN LANGUAGES SPOKEN

Taiwanese, Mandarin and Spanish

PRESENTATIONS

- National
July 13-15, 1990 Chen J, **Cheng, JC**, Levinsohn DG, Weinstein PR: Continuous measurement of regional cerebral blood flow following reversible middle cerebral artery occlusion in rats. *10th International Symposium on Microvascular Surgery for Cerebral Ischemia*, San Francisco
- Sept 21-23, 1990 Levinsohn DG, Matan AJ, **Cheng JC**, Gordon L: Oxygen-free radicals and patterns of blood flow in post-ischemic skin and skeletal muscle. *6th Annual Meeting of the American Society for Reconstruction Microsurgery*. Toronto
- Sept 21-23, 1990 **Cheng JC**, Levinsohn DG, Huang CD, Gordon L: High patency rate following anastomosis of crushed vessels. *6th Annual Meeting of the American Society for Reconstructive Microsurgery*. Toronto
- Sept 23-25, 1990 Levinsohn DG, Garrison, JL, **Cheng JC**, Gordon L: A comparison of the modified Kessler stitch with a Z-plasty technique: The role of the epitendinous stitch vs. the core stitch in the strength of flexor tendon repair. *45th Annual Meeting of the American Society of the Hand*. Toronto
- Sept 27-28, 1991 Levinsohn DG, Gordon L, Borowsky C, **Cheng JC**: Amputated limbs are preserved better by hypothermic pulsatile solution than surface cooling: Evidence from magnetic resonance spectroscopy. *7th Annual Meeting of the American Society for Surgery of the Hand*. Orlando, FL.
- Sept 30-Oct 2, 1991 Nelson DL, **Cheng JC**, Wolfer RS: The exterior mechanism of the index finger. *46th Annual Meeting of the American Society for Surgery of the Hand*. Orlando, FL.
- Sept 30-Oct 2, 1991 Levinsohn DG, Gordon L, Borowsky C, **Cheng JC**: A new method of limb preservation. *46th Annual Meeting of the American Society for Surgery of the Hand*. Orlando, FL
- April 17, 1991 Molloeken BRW, Longaker MT, **Cheng JC**, et al: Fetal fracture healing in a lamb model. *17th Annual Meeting Plastic Surgery Research Council*. Charlotte, VA
- October 20-25, 1991 Molloeken BRW, **Cheng JC**, Longaker MT, et al: Fetal fracture healing. *47th Annual Meeting American College of Surgeons*. Chicago, IL
- February 20-25, 1992 **Cheng JC**, Longaker MT, Molloeken BRW, et al: Fetal fracture healing. *59th Annual Meeting AAOS*. Washington, DC
- Feb 24-March 2, 1994 **Cheng JC**, Johnston JO: Giant cell tumor of bone with pulmonary metastases. *61st Annual Meeting AAOS*. New Orleans, LA
- March 28-31, 1996 **Cheng JC**, Wolf EM: Glenohumeral replacement for deltoid rotator cuff

deficient shoulders. *AOA Residents Meeting*. Baltimore, MD

Feb 28-Mar 4, 2001 **Cheng JC:** Common shoulder procedures. *Orthopedic Nurses Association, 68th Annual meeting AAOS*, San Francisco, CA

April 1, 2010 **Cheng JC:** Treating Common Shoulder Injuries. Cuban Arthroscopy Association, Santiago de Cuba, Cuba

April 1, 2010 **Cheng JC:** Common Shoulder Procedures. Cuban Arthroscopy Association, Santiago de Cuba, Cuba

Regional:

November 27, 1989 **Cheng JC:** Techniques in microsurgery. *Microsurgery Teaching Conference. UCSF Department of Orthopaedic Surgery*. San Francisco, CA

April 19, 1990 **Cheng JC:** Limb allografts: Feasibility and complications. *Departmental Research Conference. UCSF Department of Transplant Immunology*, San Francisco, CA.

May 1-4, 1990 Levinsohn DG, Gordon L, Garrison JL, **Cheng JC**, Liu K, Nathan R: Biomechanics of flexor tendon repair. *25th Scientific Program, Leroy C Abbot Orthopaedic Society*, San Francisco, CA

October 14-18, 1990 Levinsohn DG, Gordon L, Garrison JL, **Cheng JC**, Liu K: Biomechanical analysis of flexor tendon repair. *54th Annual Meeting of the Western Orthopaedic Society*, San Antonio, TX

February 1, 1991 Molloeken RW, **Cheng JC**, Longacker TL, et al: Fetal fracture healing in a lamb model. *4th Annual Resident Research Day, UCSF Department of Surgery*, San Francisco, CA

October 20, 1991 Borowsky C, Gordon L, Garrison JL, **Cheng JC**, Levinsohn JC et al: An advance preservation of amputated limbs: Pulsatile perfusion vs. surface cooling. *54th Annual Meeting of the Western Orthopaedic Society*. Phoenix, AZ

May 5, 1993 **Cheng JC**, Bohay D: Early experience with open reduction and internal fixation of acute os calcis fractures. *28th Scientific Program Leroy Abbot Orthopaedic Society*, San Francisco, CA.

May 6, 1994 **Cheng JC**, Dickson K, Wolf EM: Humeral avulsion of glenohumeral ligament as a cause of anterior shoulder instability. *29th Scientific Program Leroy Abbot Orthopaedic Society*, San Francisco, CA.

May 6, 1994 **Cheng JC**, Johnston JO: Giant cell tumor of bone with pulmonary metastases: Analysis of five long term survivors. *29th Scientific Program Leroy Abbot Orthopaedic Society*, San Francisco, CA.

May 6, 1995 **Cheng JC**, Wolf EM: Glenohumeral replacement for deltoid rotator cuff deficient shoulders. *30th Scientific Program Leroy Abbot Orthopaedic Society*, San Francisco, CA.

June 14, 1997 **Cheng JC**, Ferkel RD: The role of arthroscopy in degenerative joint disease of the ankle. *Fellows Day Presentation, Southern California Orthopaedic Institute*, Van Nuys, CA

- May 8, 1998 **Cheng JC**, Snyder SJ: Arthroscopic treatment of shoulder instability in overhead athletes. *32nd Scientific Program Leroy Abbot Orthopaedic Society*, San Francisco, CA
- December 13, 2000 **Cheng JC**: Common shoulder injuries in the working environment. *California Orthopaedic Association*. CA
- September 9, 2006 **Cheng JC**: Common Shoulder Procedures. PeriAnesthetic Nurses Association of California.
- December 8, 2006 **Cheng JC**: Grand Rounds. Diagnosis and Treatment of Common Shoulder Problems. Eden Medical Center.
- July, 10 2013 **Cheng, JC**: Patient Education Series. Shoulder Pain and Treatment Options. Alta Bates Summit Medical center
- November 14,. 2014 **Cheng, JC**: Diagnosis and Treatment of Common Shoulder Problems. Bone & Joint Expo, Sutter Health Symposium, Berkeley CA
- December 15, 2015 **Cheng, JC**: Physician Forum. Diagnosis and Treatment of Common Shoulder Problems. San Leandro Hospital

PUBLICATIONS

ABSTRACTS

- 1990 Matan AJ, Levinsohn DG, Gordon L, **Cheng JC**: Oxygen radical scavengers improve skeletal muscle perfusion following prolonged hindlimb ischemia. *Clin Res* 211A: 38
- 1991 **Cheng JC**, Levinsohn DG, Huang GD, Gordon L: High patency rate following anastomosis of crushed vessels. *J Reconst Microsurgery* 7(3): 275-76.
- 1991 Levinsohn DG, Matan AJ, **Cheng JC**, Gordon L: Oxygen free radicals and pattern of blood flow in post ischemic skin and skeletal muscle. *J Reconst Microsurgery* 7(3):277-78
- 1991 Levinsohn DG, Garrison JL, **Cheng JC**, Gordon L: A comparison of the modified Kessler Stitch with a Z-plasty technique: The role of the epitendinous stitch vs. the core stitch in the strength of flexor tendon repair. *Orthop Trans* 15(1):48
- 1992 Levinsohn DG, Gordon L, Borowsky C, **Cheng JC**: A new method of limb preservation. . *Orthop Trans* 16(2):358
- 1992 Levinsohn DG, Gordon L, Borowsky C, **Cheng JC**: Amputated limbs are preserved better by hypothermic pulsatile solution than surface cooling: Evidence from magnetic resonance spectroscopy. *J Reconst Microsurgery* 8(3):238
- 1993 **Cheng JC**, Longacker TL, Molloeken BR: Fetal fracture healing. *Orthop Trans* 16(3):673
- 1995 **Cheng JC**, Johnston JO: Giant cell tumor of bone with pulmonary metastases: Analysis of five long term survivors. *Orthop Trans* 16(3):673

- 1997 **Cheng JC**, Wolf EM: Replacement arthroplasty for the deltoid, rotator cuff deficient shoulders. *Orthop Trans* 20(4):861

BOOK CHAPTERS

- 1991 Molloeken BRW, **Cheng JC**, Longacker MT: Fetal fracture healing in *Fetal wound healing*, eds Adzick NS, Longaker MT. New York: Elsevier
- 1991 Gordon L, Levinsohn DG, **Cheng JC**: Lacerations of the hand and fingers, in *Current Therapy in Emergency Medicine*, ed Callahan M, Philadelphia: B.C. Decker
- 1998 Ferkel RD, **Cheng JC**: Ankle and subtalar arthroscopy in *Operative Surgery of the Foot and Ankle*, ed Kelikian A., Norwalk, CT: Appleton & Lange

JOURNAL ARTICLES

- 1990 Levinsohn DG, Gordon L, Garrison JL, **Cheng JC**, Liu K, Nathan R: Biomechanics of flexor tendon repair. *Proceed Leroy C. Abbot Orthopaedic Society* 21:117-20.
- 1991 Manoylovic R, **Cheng JC**, Levinsohn DG, Gordon L: Management of congenital pseudoarthrosis of the extremities by vascularized bone transfer. *Microsurgery* 12:170-74
- 1992 Gordon L, Garrison JL, **Cheng JC**, Levinsohn DG: Biomechanical analysis of a Z-plasty technique for flexor tendon repair. *J Hand Surg* 17B(3) 282-85
- 1992 Molloeken BRW, **Cheng JC**, Longaker MT, et al: Fetal fracture healing. *Surg Forum* 42:668-71
- 1992 Longaker MT, Molloeken BRW, **Cheng JC**, et al: Fetal fracture healing in a lamb model. *Plast Reconstr Surg* 90(2) 161-71
- 1993 **Cheng JC**, Levinsohn DG, Gordon L: Severe ischemia of the hand secondary to arterial line and dopamine. *Vasc Surg* 27(8): 639-43
- 1996 Wolf EM, Dickson K, **Cheng JC**: Humeral avulsion of glenohumeral ligament as a cause of anterior shoulder instability. *Arthroscopy* 11(5): 600-07
- 1997 **Cheng JC**, Olcott E, Paiement GD: An unusual acute compression fracture of the thoracic spine. *Orthopedics* 20(10): 970-77
- 1997 **Cheng JC**, Chapman JM, Wolf EM: Pigmented villonodular synovitis of the shoulder following anterior capsulolabral reconstruction. *Arthroscopy* 13(2)L 257-61
- 1997 **Cheng JC**, Johnston JO: Giant cell tumor of bone with pulmonary metastases: Analysis of five long term survivors. *Clin Ortho* 338:205-14.

1997

Cheng JC, Karzel RP: SLAP lesions of the shoulder. Operative techniques of management. *Op Tech Sports Med* 5(4):249-256

1998

Cheng JC, Ferkel RD: The role of arthroscopy in ankle and subtalar degenerative joint disease. *Clin Ortho* 349:65-72