

15035 E. 14TH STREET • SAN LEANDRO, CA 94578  
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# JOSEPH C. CHENG, M.D.

## BORN

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July 10, 1962, Kaoshiung, Taiwan

## CITIZENSHIP

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U.S.A.

## MARITAL STATUS

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Married - Sara Reinganum, M.D.  
Two Children - Carolyn and Zoe

## EDUCATION

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1981                      Acalanes High School, Lafayette, California  
  
1985                      Northwestern University, College of Arts and Sciences, Chicago, Illinois  
                                 B.A., Biology

## MEDICAL EDUCATION:

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1989                      Northwestern University, Medical School, Evanston, Illinois  
                                 M.D. Degree

## INTERNSHIP

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1991-1992                General Surgery  
                                 University of California, San Francisco, California

## RESIDENCY

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1992-1996                Orthopaedic Surgery  
                                 University of California, San Francisco, California

## FELLOWSHIP

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1996-1997                Sports Medicine & Operative Arthroscopy  
                                 Stephen Snyder, M.D., Southern California Orthopaedic Institute  
                                 Van Nuys, California

## TEAM PHYSICIAN

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1997                      Skyline College, San Bruno, California  
  
2014-2017                Oakland Strokes Rowing Club, Oakland California

## RESEARCH

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1989–1991	Research Assistant <u>Hand and Microsurgery Laboratory</u> University of California San Francisco, California
1988	<u>Cancer Center: Northwestern University</u> 1) DHT receptor status in cultured prostatic epithelial and stromal cells 2) Mechanism of Tumor Necrosis Factor on prostatic cancer cell lines in vitro.
1986	<u>Neurobiology/ Physiology: Northwestern University</u> Rat olfactory bulb extract promoting survival and differentiation of cultured forebrain neurons.
1983-1984	<u>Molecular Biology: Northwestern University</u> Regulation of LDH gene expression by cAMP-dependent protein kinase.

## CLINICAL APPOINTMENTS:

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1998	Clinical Instructor, School of Medicine University of California San Francisco
1997	Instructor, Shoulder Arthroscopy, Arthroscopy Learning Center American Academy of Orthopaedic Surgery, Chicago, IL
1997	Instructor, San Diego Shoulder Arthroscopy Course, San Diego, CA
2005-2007	Faculty and Shoulder Arthroscopy Instructor, Mitek Shoulder Course Henderson, Nevada
2005	Program Chair “Inman-Abbott” Orthopedic Society UCSF Orthopedic Surgery
2006	Arthroscopy Association of North America, Shoulder Arthroscopy Faculty Pam Desert, CA
2006	Treasurer and Vice Chief of Staff, San Leandro Hospital
2007	Vice President “Inman-Abbott” Orthopedic Society UCSF
2009	President “Inman-Abbott” Orthopedic Society UCSF
2009	Shoulder Lab Faculty, Orthopedic Surgery Controversy, Napa CA
2011	Shoulder Lab Faculty, Orthopedic Surgery Controversy, Napa, CA
2017-2019	Chair Department of Surgery , San Leandro Hospital, San Leandro, CA

## LICENSES:

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M.D.	California G764050
DEA	BC 3640136

## BOARD CERTIFICATION

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1999	Diplomat of American Board of Orthopaedic Surgery Fellow, American Academy of Orthopaedic Surgeons
2029	Recertified Diplomat American Board of Orthopedic Surgery

2010 CAQ, Certificate of Added Qualification Orthopedic Sports Medicine  
2029 Recertified CAQ, Orthopedic Sports Medicine

#### HOSPITAL APPOINTMENTS/ AFFILIATIONS

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1998 - Present Eden Medical Center, San Leandro and Castro Valley, California  
1998 – Present Summit Medical Center, Oakland, California  
2007-Present Alameda Hospital, Alameda, California

#### HONORS

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1984 - 1985 Dean's List, Northwestern University  
1986 NIH Medical Student, Research Grant  
1991 Nominee, Plastic Surgery Education Foundation, Scholarship  
1993 High Scorer, Orthopaedic In-training Exam 95%  
1994 High Scorer, Orthopaedic In-training Exam 100%  
2004 Nominee, “ Physician of the Year” San Leandro Hospital  
2007 “Best Doctor” Orthopedic Surgery Bay Area Consumer Research  
2009 Patient Safety Award, Eden Medical Center  
2012 “Super Doctor” Sports Medicine, San Francisco Chronicle  
2013 “Super Doctor” Sports Medicine, San Francisco Chronicle

#### VOLUNTEER WORK

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1991 Haight-Ashbury Free Clinic: Volunteer Physician, San Francisco  
1986 – 1987 Northwestern U. Youth Program: Counselor  
Cabrini Green Housing Project - Program for Disadvantaged Youth  
2010 Operation Arthroscopy- Teaching arthroscopic techniques to third world orthopedic surgeons

#### ACTIVITIES AND INTERESTS

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Tennis, Cycling, Music & Architecture

1992 - 1996 Parnassus Heights Squash Club  
1984 - 1985 Studied violin under Mr. Milton Blair, principal violinist, Chicago Symphony Orchestra, Northwestern University School of Music  
1984 - 1985 Northwestern University Symphony Orchestra  
1981 - 1982 Northwestern University Chamber Orchestra

#### PRACTICE HISTORY

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9/97 - 9/98 - Orthopaedic Group of San Francisco, Inc. San Francisco, CA  
9/98 - 9/03 - Webster Orthopaedic Medical Group, San Leandro, CA  
9/03 - Current - Solo practice 15035 E. 14th Street, San Leandro, CA

#### FOREIGN LANGUAGES SPOKEN

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Taiwanese, Mandarin and Spanish

## PRESENTATIONS

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- National  
July 13-15, 1990      Chen J, **Cheng, JC**, Levinsohn DG, Weinstein PR: Continuous measurement of regional cerebral blood flow following reversible middle cerebral artery occlusion in rats. *10<sup>th</sup> International Symposium on Microvascular Surgery for Cerebral Ischemia*, San Francisco
- Sept 21-23, 1990      Levinsohn DG, Matan AJ, **Cheng JC**, Gordon L: Oxygen-free radicals and patterns of blood flow in post-ischemic skin and skeletal muscle. *6<sup>th</sup> Annual Meeting of the American Society for Reconstruction Microsurgery*. Toronto
- Sept 21-23, 1990      **Cheng JC**, Levinsohn DG, Huang CD, Gordon L: High patency rate following anastomosis of crushed vessels. *6<sup>th</sup> Annual Meeting of the American Society for Reconstructive Microsurgery*. Toronto
- Sept 23-25, 1990      Levinsohn, DG, Garrison, JL, **Cheng JC**, Gordon L: A comparison of the modified Kessler stitch with a Z-plasty technique: The role of the epitendinous stitch vs. the core stitch in the strength of flexor tendon repair. *45<sup>th</sup> Annual Meeting of the American Society of the Hand*. Toronto
- Sept 27-28, 1991      Levinsohn DG, Gordon L, Borowsky C, **Cheng JC**: Amputated limbs are preserved better by hypothermic pulsatile solution than surface cooling: Evidence from magnetic resonance spectroscopy. *7<sup>th</sup> Annual Meeting of the American Society for Surgery of the Hand*. Orlando, FL.
- Sept 30-Oct 2, 1991      Nelson DL, **Cheng JC**, Wolfer RS: The exterior mechanism of the index finger. *46<sup>th</sup> Annual Meeting of the American Society for Surgery of the Hand*. Orlando, FL.
- Sept 30-Oct 2, 1991      Levinsohn DG, Gordon L, Borowsky C, **Cheng JC**: A new method of limb preservation. *46<sup>th</sup> Annual Meeting of the American Society for Surgery of the Hand*. Orlando, FL
- April 17, 1991      Molloeken BRW, Longaker MT, **Cheng JC**, et al: Fetal fracture healing in a lamb model. *17<sup>th</sup> Annual Meeting Plastic Surgery Research Council*. Charlotte, VA
- October 20-25, 1991      Molloeken BRW, **Cheng JC**, Longaker MT, et al: Fetal fracture healing. *47<sup>th</sup> Annual Meeting American College of Surgeons*. Chicago, IL
- February 20-25, 1992      **Cheng JC**, Longaker MT, Molloeken BRW, et al: Fetal fracture healing. *59<sup>th</sup> Annual Meeting AAOS*. Washington, DC
- Feb 24-March 2, 1994      **Cheng JC**, Johnston JO: Giant cell tumor of bone with pulmonary metastases. *61<sup>st</sup> Annual Meeting AAOS*. New Orleans, LA
- March 28-31, 1996      **Cheng JC**, Wolf EM: Glenohumeral replacement for deltoid rotator cuff deficient shoulders. *AOA Residents Meeting*. Baltimore, MD
- Feb 28-Mar 4, 2001      **Cheng JC**: Common shoulder procedures. *Orthopedic Nurses Association*,

*68<sup>th</sup> Annual meeting AAOS, San Francisco, CA*

April 1, 2010 **Cheng JC:** Treating Common Shoulder Injuries. Cuban Arthroscopy Association, Santiago de Cuba, Cuba

April 1, 2010 **Cheng JC:** Common Shoulder Procedures. Cuban Arthroscopy Association, Santiago de Cuba, Cuba

**Regional:**

November 27, 1989 **Cheng JC:** Techniques in microsurgery. *Microsurgery Teaching Conference. UCSF Department of Orthopaedic Surgery.* San Francisco, CA

April 19, 1990 **Cheng JC:** Limb allografts: Feasibility and complications. *Departmental Research Conference. UCSF Department of Transplant Immunology, San Francisco, CA.*

May 1-4, 1990 Levinsohn DG, Gordon L, Garrison JL, **Cheng JC**, Liu K, Nathan R: Biomechanics of flexor tendon repair. *25<sup>th</sup> Scientific Program, Leroy C Abbot Orthopaedic Society, San Francisco, CA*

October 14-18, 1990 Levinsohn DG, Gordon L, Garrison JL, **Cheng JC**, Liu K: Biomechanical analysis of flexor tendon repair. *54<sup>th</sup> Annual Meeting of the Western Orthopaedic Society, San Antonio, TX*

February 1, 1991 Molloeken RW, **Cheng JC**, Longacker TL, et al: Fetal fracture healing in a lamb model. *4<sup>th</sup> Annual Resident Research Day, UCSF Department of Surgery, San Francisco, CA*

October 20, 1991 Borowsky C, Gordon L, Garrison JL, **Cheng JC**, Levinsohn JC et al: An advance preservation of amputated limbs: Pulsatile perfusion vs. surface cooling. *54<sup>th</sup> Annual Meeting of the Western Orthopaedic Society. Phoenix, AZ*

May 5, 1993 **Cheng JC**, Bohay D: Early experience with open reduction and internal fixation of acute os calcis fractures. *28<sup>th</sup> Scientific Program Leroy Abbot Orthopaedic Society, San Francisco, CA.*

May 6, 1994 **Cheng JC**, Dickson K, Wolf EM: Humeral avulsion of glenohumeral ligament as a cause of anterior shoulder instability. *29<sup>th</sup> Scientific Program Leroy Abbot Orthopaedic Society, San Francisco, CA.*

May 6, 1994 **Cheng JC**, Johnston JO: Giant cell tumor of bone with pulmonary metastases: Analysis of five long term survivors. *29<sup>th</sup> Scientific Program Leroy Abbot Orthopaedic Society, San Francisco, CA.*

May 6, 1995 **Cheng JC**, Wolf EM: Glenohumeral replacement for deltoid rotator cuff deficient shoulders. *30<sup>th</sup> Scientific Program Leroy Abbot Orthopaedic Society, San Francisco, CA.*

June 14, 1997 **Cheng JC**, Ferkel RD: The role of arthroscopy in degenerative joint disease of the ankle. *Fellows Day Presentation, Southern California Orthopaedic Institute, Van Nuys, CA*

May 8, 1998 **Cheng JC**, Snyder SJ: Arthroscopic treatment of shoulder instability in overhead athletes. *32<sup>nd</sup> Scientific Program Leroy Abbot Orthopaedic Society, San*

Francisco, CA

- December 13, 2000 **Cheng JC:** Common shoulder injuries in the working environment. *California Orthopaedic Association. CA*
- September 9, 2006 **Cheng JC:** Common Shoulder Procedures. PeriAnesthetic Nurses Association of California.
- December 8, 2006 **Cheng JC:** Grand Rounds. Diagnosis and Treatment of Common Shoulder Problems. Eden Medical Center.
- July, 10 2013 **Cheng, JC:** Patient Education Series. Shoulder Pain and Treatment Options. Alta Bates Summit Medical center
- November 14, 2014 **Cheng, JC:** Diagnosis and Treatment of Common Shoulder Problems. Bone & Joint Expo, Sutter Health Symposium, Berkeley CA
- December 15, 2015 **Cheng, JC:** Physician Forum. Diagnosis and Treatment of Common Shoulder Problems. San Leandro Hospital

## **PUBLICATIONS**

### ABSTRACTS

- 1990 Matan AJ, Levinsohn DG, Gordon L, **Cheng JC:** Oxygen radical scavengers improve skeletal muscle perfusion following prolonged hindlimb ischemia. *Clin Res* 211A: 38
- 1991 **Cheng JC,** Levinsohn DG, Huang GD, Gordon L: High patency rate following anastomosis of crushed vessels. *J Reconst Microsurgery* 7(3): 275-76.
- 1991 Levinsohn DG, Matan AJ, **Cheng JC,** Gordon L: Oxygen free radicals and pattern of blood flow in post ischemic skin and skeletal muscle. *J Reconst Microsurgery* 7(3):277-78
- 1991 Levinsohn DG, Garrison JL, **Cheng JC,** Gordon L: A comparison of the modified Kessler Stitch with a Z-plasty technique: The role of the epitendinous stitch vs. the core stitch in the strength of flexor tendon repair. *Orthop Trans* 15(1):48
- 1992 Levinsohn DG, Gordon L, Borowsky C, **Cheng JC:** A new method of limb preservation. *Orthop Trans* 16(2):358
- 1992 Levinsohn DG, Gordon L, Borowsky C, **Cheng JC:** Amputated limbs are preserved better by hypothermic pulsatile solution than surface cooling: Evidence from magnetic resonance spectroscopy. *J Reconst Microsurgery* 8(3):238
- 1993 **Cheng JC,** Longacker TL, Molloeken BR: Fetal fracture healing. *Orthop Trans* 16(3):673
- 1995 **Cheng JC,** Johnston JO: Giant cell tumor of bone with pulmonary metastases: Analysis of five long term survivors. *Orthop Trans* 16(3):673
- 1997 **Cheng JC,** Wolf EM: Replacement arthroplasty for the deltoid, rotator cuff deficient shoulders. *Orthop Trans* 20(4):861

## BOOK CHAPTERS

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- 1991 Molloeken BRW, **Cheng JC**, Longaker MT: Fetal fracture healing in *Fetal wound healing*, eds Adzick NS, Longaker MT. New York: Elsevier
- 1991 Gordon L, Levinsohn DG, **Cheng JC**: Lacerations of the hand and fingers, in *Current Therapy in Emergency Medicine*, ed Callahan M, Philadelphia: B.C. Decker
- 1998 Ferkel RD, **Cheng JC**: Ankle and subtalar arthroscopy in *Operative Surgery of the Foot and Ankle*, ed Kelikian A., Norwalk, CT: Appleton & Lange

## JOURNAL ARTICLES

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- 1990 Levinsohn DG, Gordon L, Garrison JL, **Cheng JC**, Liu K, Nathan R: Biomechanics of flexor tendon repair. *Proceed Leroy C. Abbot Orthopaedic Society* 21:117-20.
- 1991 Manoylovic R, **Cheng JC**, Levinsohn DG, Gordon L: Management of congenital pseudoarthrosis of the extremities by vascularized bone transfer. *Microsurgery* 12:170-74
- 1992 Gordon L, Garrison JL, **Cheng JC**, Levinsohn DG: Biomechanical analysis of a Z-plasty technique for flexor tendon repair. *J Hand Surg* 17B(3) 282-85
- 1992 Molloeken BRW, **Cheng JC**, Longaker MT, et al: Fetal fracture healing. *Surg Forum* 42:668-71
- 1992 Longaker MT, Molloeken BRW, **Cheng JC**, et al: Fetal fracture healing in a lamb model. *Plast Reconstr Surg* 90(2) 161-71
- 1993 **Cheng JC**, Levinsohn DG, Gordon L: Severe ischemia of the hand secondary to arterial ligation and dopamine. *Vasc Surg* 27(8): 639-43
- 1996 Wolf EM, Dickson K, **Cheng JC**: Humeral avulsion of glenohumeral ligament as a cause of anterior shoulder instability. *Arthroscopy* 11(5): 600-07
- 1997 **Cheng JC**, Olcott E, Paiement GD: An unusual acute compression fracture of the thoracic spine. *Orthopedics* 20(10): 970-77
- 1997 **Cheng JC**, Chapman JM, Wolf EM: Pigmented villonodular synovitis of the shoulder following anterior capsulolabral reconstruction. *Arthroscopy* 13(2)L 257-61
- 1997 **Cheng JC**, Johnston JO: Giant cell tumor of bone with pulmonary metastases: Analysis of five long term survivors. *Clin Ortho* 338:205-14.
- 1997 **Cheng JC**, Karzel RP: SLAP lesions of the shoulder. Operative techniques of management. *Op Tech Sports Med* 5(4):249-256
- 1998 **Cheng JC**, Ferkel RD: The role of arthroscopy in ankle and subtalar degenerative joint disease. *Clin Ortho* 349:65-72

